

Health and Wellbeing projects and activities FUNDING APPLICATION

1. Applicant:

Name	Charles Brunner
Organisation	Wiltshire Mind
Address	Part 1 st /2 nd Floor, 21/23 High Street, Melksham SN12 6JY
Phone number	01225 706532
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2. Amount of funding required from the Area Board:

£0 - £1000	
£1001 - £5000	√
Over £5000 (please note – our grants will not normally exceed £5000)	

3. Are you applying on behalf of a Parish Council?

Yes	
No	√

4. If yes, please state why this project cannot be funded from the Parish Precept?

Not Applicable

5. Project title?

Weekly evening peer support social group for adults with mental health issues

6. Project summary: (100 words maximum)

An evening peer support social group for adults of all ages with mental health issues. This will be held in Melksham and will support good health and wellbeing. The group will be open to all: those with serious disorders like bipolar, schizophrenia or less serious issues like anxiety, stress and depression. The group would be led by an experienced facilitator. 1-1 support will be available together with talks/activities. There is a real need to have an evening group in the area which will enable those in work to remain in work and also gain support/help from a group.

7. Which Area Board are you applying to?

Melksham

8. What is the Post Code of the place where your project is taking place?

SN12 6JY

9. Please tell us which themes best describe your project:

<input type="checkbox"/> Intergenerational projects	<input type="checkbox"/> Heritage, history and architecture
<input checked="" type="checkbox"/> Older People Support/Activities	<input checked="" type="checkbox"/> Inclusion, diversity and community spirit
<input type="checkbox"/> Carers Support/Activities	<input type="checkbox"/> Environment, recycling and green initiatives
<input checked="" type="checkbox"/> Promoting physical and mental wellbeing	<input type="checkbox"/> Sport, play and recreation
<input checked="" type="checkbox"/> Combating social isolation	<input type="checkbox"/> Transport
<input checked="" type="checkbox"/> Promoting cohesive/resilient communities	<input type="checkbox"/> Technology & Digital literacy
<input checked="" type="checkbox"/> Arts, crafts and culture	<input type="checkbox"/> Other
<input type="checkbox"/> Safer communities	

If Other (please specify)

10. About your project

Please tell us about your project (a strong application will address all of the following):

How does your project support local needs and priorities?

Our project links to the Joint Strategic Assessment priorities for Melksham in particular the priority for Health and Wellbeing. The agreed priority is that Melksham urgently needs the right health resources in order to meet the growing demands of the community area. Our project will support a wide range of people with mental health issues in the community area and will provide an option for those in work to attend. Many find that they would like to attend our daytime groups but cannot due to work commitments. We know that those who gain support and help early can make a good recovery which enables them to continue their lives and take a full and active role in their community.

Our project also supports local priorities as documented in the Melksham Community Area Action Plan 2012. In particular the project supports priorities under Community Development and Inclusion of "Reaching lonely people", "Ensure inclusion for all", "Raise community spirit" and "Increase volunteering". In addition the project

How many older people/carers to do you expect to benefit from your project?

Our project will be open to all adults suffering with mental health issues in the local community including older people and carers. We estimate that between 10-15 people will attend the group on a weekly basis and approximately 20 per cent of these will be older people or carers. As the group is new we cannot clearly define but a large number of attendees at our groups are those living isolated lives, who are older and live alone.

How will you encourage volunteering and community involvement?

We will encourage people to volunteer in their communities. Wiltshire Mind opened a charity shop in 2015 and this provides excellent volunteering opportunities to local people. The shop has to date provided a good placement for people to gain confidence, talk to local people and to then attend other local groups, leading to community involvement and cohesion. The project will offer provision of speakers and activities that encourage community involvement. At other groups we have conducted photography sessions which involved people going out into their communities and taking photographs. Some of these photographs were used in Wiltshire Mind's calendar in 2015. Participation in activities like art therapy has previously proven to engage people in their communities. There is the opportunity to develop new skills and interests. This can improve the mental health and wellbeing of our client members leading to increased confidence, self-esteem and resilience and also a reduction in isolation. Every opportunity is taken to engage members in their local communities,

How will you ensure your project is accessible to everyone (for example: people living with a disability or on low incomes, or vulnerable, or socially isolated etc.)?

We will ensure the project is accessible to everyone through promoting the project widely in the community. In particular we will promote the project in Melksham Area Board's "Our Community Matters" and also place posters around the town including in the library, in community hubs, Town and Parish Council noticeboards and in local supermarkets. We will also promote the group in the Melksham News with a press release and advertisement. The point of an evening group is so that it is accessible to all rather than our day time groups which are only realistically open to those who are not in work.

How will you work with other community partners?

We will work with other community partners in various ways. We work in partnership with other local third sector organisations such as Carers Support and other statutory providers, for example the CCG, AWP, Public Health and Wiltshire Council, to support people with mental health issues in Wiltshire through our key services, namely one to one counselling and support groups. We also sit on the Wiltshire Council Mental Health and Wellbeing Partnership Board.

It is worth noting that GPs are referring clients to us as a matter of course. We receive many people through GPs, IAPT services and through local publicity. We work with many who also promote our services - we receive referrals from specialised services through to the local library. We will work with the CAB to promote the services to the community.

11. Safeguarding

Please tell us about how you will protect and safeguard vulnerable people in your project (You must address all of the following):

- Please provide evidence of your commitment to safeguarding and promoting the welfare of older/vulnerable people and their carers.
- How do you make sure staff and volunteers understand their safeguarding responsibilities?
- Who in your organisation is ultimately responsible for safeguarding?

Wiltshire Mind has an Adult Protection and Safeguarding Policy to show our commitment to safeguarding and protecting adults at risk of abuse from other members of the community.

All staff and volunteers have induction training when they commence their roles at Wiltshire Mind. As part of induction training, all staff, volunteers and trustees will receive basic training in protecting adults at risk of abuse. All staff, volunteers and trustees will be made aware of the potential types of abuse: verbal, physical, sexual, psychological, financial, neglect and discriminatory. Our group facilitators know how to handle safeguarding issues within their groups and have a duty of care to protect members.

Our Chief Executive Officer, Carolyn Beale, is ultimately responsible for safeguarding.

12. Monitoring your project.

How will you know if your project has been successful? *required field

We have both quantitative and qualitative methods of collecting evidence that measure a range of key indicators for the project. These demonstrate the difference the project has made to both individuals and the community.

Key indicators include: attendance records, number of new attendees, levels of confidence and any changes: levels of participation and contribution to the group and over time, contribution and expression of their own views and experiences, interaction levels with other members of the group, reduction in isolation through friendships and activity outside the group, ability to deal with challenge and self-challenge, levels of personal development and progression on trying new activities, attendance at other organisations/new hobbies, clients attending less frequently and requiring less support, feedback where possible from families and friends, returning to full/part time employment or voluntary work and improvements in physical health and wellbeing.

13. If your project will continue after the Wiltshire Council funding runs out, how will you continue to fund it?

We anticipate the project will continue after the Wiltshire Council funding runs out. We will continue to fund it by applying for grants from various organisations including Wiltshire Community Foundation and also to local, regional and national Trusts and Foundations. In the past a number of funders have supported our work. Wiltshire Mind is totally unfunded which means we need to raise every penny to continue and extend services.

14. If this application forms part of a larger project (eg. building of new village hall), please state what this project is and approximately how much the overall project will cost

Not applicable.

15. Finance:

15a. Your Organisation's Finance:

Your latest accounts:

Month Year

Total Income:

£

- Yes
- No

17. Please list which area boards you are intending to apply, including this one (You can apply to a maximum of 3 Area Boards for the same project in a financial year) *required field, if Yes to Q11.

18. DECLARATION

Supporting information - Please confirm that the following documents will be available to inspect upon request (You DO NOT need to send these documents to us):

Quotes:

- I will make available on request 1 quote for individual project costs over £500 & 2 quotes for project costs over £1000 (Individual project costs are listed in the expenditure section above)

Project/Business Plan:

- For projects over £50,000: I will make available on request a **project or business plan** (including estimates) for projects where the **total project cost** (as declared in the financial section above) exceeds £50,000 (tick only when total project cost exceeds £50,000).

Accounts:

- I will make available on request the organisation's **latest accounts**

Constitution:

- I will make available on request the organisation's Constitution/Terms of Reference etc.

Policies and procedures:

- I will make available on request the necessary and relevant policies and procedures such as Child Protection, Safeguarding Adults, Public Liability Insurance, Access audit, Health & Safety and Environmental assessments.

Other supporting information (Tick where appropriate, for some project these will not be applicable):

- I will make available on request evidence of ownership of buildings/land
- I will make available on request the relevant planning permission for the project.
- I will make available on request any other form of licence or approval for this project has been received prior to submission of this grant application.

And finally...

- I confirm that the information on this form is correct, any award received will be spent on the activities specified.